

Expiry Date	Title of Presentation:	Sponsor	Type of Activity	Dates/Seminar	NACOR Course #	BC/AB/MB/ NB/NS/NL Approved	SK/PEI Approved	Continuing Competencies
11-Jan-19	Front Desk Basics Part I: Anatomy & Triage	Eye Recommend	Live Presentation	Various	1210.131	2.5 EC	1 EC	
11-Jan-19	Front Desk Basics Part II: Front Desk Techniques	Eye Recommend	Live Presentation	Various	1210.132	2.5 RF	1 RF	
11-Jan-19	Advanced Dispensing: PAL Fitting & Troubleshooting	Eye Recommend	Live Presentation	Various	1210.133	2.5 EG	1 EG	
11-Jan-19	Advanced Dispensing: Freeform Technology	Eye Recommend	Live Presentation	Various	1210.134	2.5 EG	1 EG	
11-Jan-19	Contact Lenses - formerly Advanced Dispensing: Contact Lens Training	Eye Recommend	Live Presentation	Various	1210.135	2.5 CL	1 CL	
11-Jan-19	Patient Service Recovery	Eye Recommend	Live Presentation	Various	1210.136	2.5 RF	1 RF	
30-Jan-19	Module 10.146 – Optical Dispensary Eye Exam Lanes, Part 1	OAC	Online	n/a	110.174	2 EC	1 EC	11.3, 11.1
11-Feb-19	Eyewear Makeover Show	Eye Recommend	Live Presentation	Various	1210.139	2.5 EG	1 EG	
2-Feb-19	Pretesting Basics	Eye Recommend	Live Presentation	Various	1210.205	2.5 EC	1 EC	
2-Feb-19	Contact Lens Opportunity	Eye Recommend	Live Presentation	Various	1210.206	2.5 CL	1 CL	
2-Feb-19	Delivering Exceptional Customer Service	Eye Recommend	Live Presentation	Various	1210.207	2.5 RF	1 RF	
3-Feb-19	Health Guidelines for the Contact Lens Wearers	CooperVision	Live Presentation	April 24/16	210.010	1 CL	1 CL	
3-Feb-19	Keep Calm and Prescribe Oxygen	CooperVision	Live Presentation	TBD	210.011	1 CL	1 CL	
9-Feb-19	The 1.2% Factor (former course # 1210.208)	Eye Recommend	Live Presentation	March 9, 2016	1210.262	1.5 RF	1 RF	
9-Feb-19	Optometric Frontline Opportunities (former course # 1210.209)	Eye Recommend	Live Presentation	March 8, 2016	1210.263	2.5 RF	1 RF	
26-Feb-19	Effect of Frictional Energy in Contact Lens Wear and the New OASYS 1-DAY - Interactive	OAC	Live Presentation	Various	110.285	2 CL	1 CL	
2-Mar-19	Social Media Marketing (Local Social Marketing - Part 1)	OAC	Live Presentation	March 20/16 & Various	110.286	1 RF	1 RF	
2-Mar-19	Local Digital Marketing (Local Social Marketing - Part 2)	OAC	Live Presentation	March 20/16 & Various	110.287	1 RF	1 RF	
4-Mar-19	Concussions & Ocular Damage	Eye Recommend	Live Presentation	May 14, 2016	1210.208	1 RF	1 RF	
4-Mar-19	The Art of Effective Communication	Eye Recommend	Live Presentation	May 14, 2016	1210.209	1 RF	1 RF	
4-Mar-19	Telephone Triage	Eye Recommend	Live Presentation	May 14, 2016	1210.210	1 EC	1 EC	
4-Mar-19	Measuring for Success	Eye Recommend	Live Presentation	May 14, 2016	1210.211	1 RF	1 RF	
4-Mar-19	Fascinate the Frame	Eye Recommend	Live Presentation	May 14, 2016	1210.212	1 EG	1 EG	
4-Mar-19	Train the Office Trainer	Eye Recommend	Live Presentation	May 14, 2016	1210.213	1 RF	1 RF	
4-Mar-19	Social Media for ECPs	Eye Recommend	Live Presentation	May 14, 2016	1210.214	1 RF	1 RF	
4-Mar-19	Changing the Culture	Eye Recommend	Live Presentation	May 14, 2016	1210.215	1 RF	1 RF	
4-Mar-19	Navigating the World of Digital Marketing	Eye Recommend	Live Presentation	May 14, 2016	1210.216	1 RF	1 RF	
4-Mar-19	Consumer Connection	Eye Recommend	Live Presentation	May 14, 2016	1210.217	1 RF	1 RF	
4-Mar-19	Managing Your Own Google Adwords	Eye Recommend	Live Presentation	May 14, 2016	1210.218	1 RF	1 RF	
4-Mar-19	Transforming Sacred Cows into Purple Cows	Eye Recommend	Live Presentation	May 14, 2016	1210.219	1 RF	1 RF	
4-Mar-19	Resolving Internal Office Conflict	Eye Recommend	Live Presentation	May 14, 2016	1210.220	1 RF	1 RF	
4-Mar-19	Facebook & My Google Business	Eye Recommend	Live Presentation	May 14, 2016	1210.221	1 RF	1 RF	
4-Mar-19	Living Up To the Line	Eye Recommend	Live Presentation	May 14, 2016	1210.222	1 RF	1 RF	
4-Mar-19	Retail Trends	Eye Recommend	Live Presentation	May 14, 2016	1210.223	1 RF	1 RF	
4-Mar-19	Innovative Office Event	Eye Recommend	Live Presentation	May 14, 2016	1210.224	1 RF	1 RF	
4-Mar-19	The Power of One Voice	Eye Recommend	Live Presentation	May 14, 2016	1210.225	1 RF	1 RF	
4-Mar-19	Creating a Sales Culture	Eye Recommend	Live Presentation	May 14, 2016	1210.226	1 RF	1 RF	
4-Mar-19	The Elusive Handoff	Eye Recommend	Live Presentation	May 14, 2016	1210.227	1 RF	1 RF	
4-Mar-19	Show Me the Money	Eye Recommend	Live Presentation	May 14, 2016	1210.228	1 RF	1 RF	
7-Mar-19	Bending Light Rays...The Art of Refracting	OAC	Live Presentation	March 20/16 & Various	110.288	3 EC	1 EC	
8-Mar-19	RED Light...When to Refer	OAC	Live Presentation	March 20/16 & Various	110.289	1 EC	1 EC	
8-Mar-19	Blue Light Exposed: The Effects of Blue Light and the Solutions for Your Patients	OAC	Live Presentation	March 20/16 & Various	110.290	2 EC	1 EC	
8-Mar-19	The Visual Life Journey	OAC	Live Presentation	March 20/16 & Various	110.291	3 EC	1 EC	
9-Mar-19	Generations	Essilor	Live Presentation	April 24/16 & Various	110.292	1 EG	1 EG	
16-Mar-19	Corneal Astigmatism and the Contact Lens Prescription	OAC	Live Presentation	Various	110.293	1 CL	1 CL	
16-Mar-19	Good to Great Dispensing	OAC	Live Presentation	Various	110.294	1 EG	1 EG	
16-Mar-19	Sunwear Technology and Blue Light	OAC	Live Presentation	Various	110.295	1 EC	1 EC	
16-Mar-19	Effect of Frictional Energy in Contact Lens Wear and the New OASYS 1-DAY	OAC	Live Presentation	Various	110.296	1 CL	1 CL	
17-Mar-19	Change the Game	Eye Recommend	Live Presentation	May 14, 2016	1210.229	1 RF	1 RF	
18-Mar-19	HEV Light Certification Program	Hoya Vision Care	Live Presentation	Various	310.037	3 EC	1 EC	
28-Mar-19	Module 10.128 – Multifocal Intraocular Lenses for the Treatment of Presbyopia – Benefits & Side Effects	OAC	Online	n/a	110.183	2 EC	1 EC	6.2, 6.1, 3.5
30-Mar-19	Spectacle Frames: Materials and Manufacturing	Prime Strategies	Live Presentation	April 30 & May 6, 2016	610.010	1 EG	1 EG	
1-Apr-19	How Frames are Made	Prime Strategies	Live Presentation	April 30 & May 6, 2016	610.011	1 EG	1 EG	
6-Apr-19	Customer Service and Defensive Dispensing	Shamir Canada	Live Presentation	Various	1310.001	1 EG	1 EG	
8-Apr-19	Module 10.127 – Early Diagnosis of Glaucoma	OAC	Online	n/a	110.187	2 EC	1 EC	6.2, 8.1, 10.1, 10.5, 11.5
8-Apr-19	Module 10.129 – Myopia: What Makes the Eye Grow Longer	OAC	Online	n/a	110.188	2 EC	1 EC	6.1, 6.2, 6.3, 8.1

8-Apr-19	Module 10.130 – Progress Made in Corneal Treatment Over the First 10 Years of the 21st Century	OAC	Online	n/a	110.189	2 EC	1 EC	6.1, 6.2
18-Apr-19	Water Gradient Contact Lenses	Prime Strategies	Live Presentation	April 30 & May 6, 2016	610.012	1 CL	1 CL	
18-Apr-19	Product Safety: Optical	Prime Strategies	Live Presentation	April 30 & May 6, 2016	610.013	1 RF	1 RF	
18-Apr-19	New Game, New Rules: New Rules in Retention	Eye Recommend	Live Presentation	June 14-17, 2016 & TBD	1210.230	1 RF	1 RF	
18-Apr-19	New Game, New Rules: New Rules in Technology	Eye Recommend	Live Presentation	June 14-17, 2016 & TBD	1210.231	1 RF	1 RF	
18-Apr-19	New Game, New Rules: New Rules in Sales	Eye Recommend	Live Presentation	June 14-17, 2016 & TBD	1210.232	1 RF	1 RF	
21-Apr-19	Changing the Culture: The Art of Being a Great Teammate	Eye Recommend	Live Presentation	May 14, 2016	1210.233	1 RF	1 RF	
23-Apr-19	Module 10.147 – Optical Dispensary Eye Exam Lanes, Part 2	OAC	Online	n/a	110.190	2 EC	1 EC	11.3, 11.1
28-Apr-19	Task Specific Needs - Fully Enjoy Your Digital Activities	Essilor	Live Presentation	Various	110.297	1 EG	1 EG	
28-Apr-19	How Photochromics Work & Virtual Lab Tour	Essilor	Live Presentation	Various	110.298	1 EG	1 EG	
3-May-19	Blue Light Night	Centennial	Live Presentation	May 16 - 18, 2016 & Various	1510.001	2 EG	1 EG	
6-May-19	The 2nd Pair Option	Centennial	Live Presentation	May 16 - 18, 2016 & Various	1510.002	1 EG	1 EG	
18-May-19	Blue Light Management	Centennial	Live Presentation	Various	1510.003	2 EG	1 EG	
23-May-19	Understanding Computer Vision	O.S.I.	Live Presentation	Various	59.022	1.5 EG	1 EG	
23-May-19	Sales Skills for Confident Selling	O.S.I.	Live Presentation	Various	59.023	1.5 RF	1 RF	
25-May-19	UV Protection & Peri-Ocular Skin Cancer	O.S.I.	Live Presentation	May 30 & May 31, 2016	59.031	1 EC	1 EC	
25-May-19	UV Protection	O.S.I.	Live Presentation	May 30 & May 31, 2016	59.032	1 EC	1 EC	
25-May-19	How to Put the Sizzle in Sales	The Optical Group	Live Presentation	Various	3010.001	1 RF	1 RF	
25-May-19	NAIT OPSC Contact Lens Program	NAIT	Distance Delivery	n/a	1410.018	10 CL (not applicable in AB)	10 CL	
31-May-19	Dailies Dinner Series	Alcon Canada Inc.	Live Presentation	Various	710.001	1.5 CL	1 CL	
10-Jun-19	Module 10.138 – Vision Screening in Babies, What's New Since 2000?	OAC	Online	n/a	110.197	2 EC	1 EC	6.1, 6.2, 11.1
10-Jun-19	Module 10.139 – Hereditary Ophthalmological Pathologies in Children	OAC	Online	n/a	110.198	2 EC	1 EC	
10-Jun-19	Module 10.148 – Challenges Related to Eye and Vision Products Arising from Variations in Myopia	OAC	Online	n/a	110.199	2 EG	1 EG	6.3, 7.1, 8.1, 9.1,
10-Jun-19	Module 10.149 – Protect, the Reason for Outdoor Eyewear	OAC	Online	n/a	110.200	2 EC	1 EC	8.1
10-Jun-19	Module 10.150 – Prescribe, Outdoor Eyewear's Call to Action	OAC	Online	n/a	110.201	2 EC	1 EC	8.1
10-Jun-19	Module 10.151 – Present, Making Outdoor Eyewear Understood	OAC	Online	n/a	110.202	2 EC	1 EC	3.5, 8.1
17-Jun-19	Growing Your Practice with Comfort	Alcon Canada Inc.	Live Presentation	Various	710.002	1.5 CL	1 CL	
24-Jun-19	Eyecare Today - Exceeding Needs of Patient	Bausch & Lomb Canada	Live Presentation	July 4, 2016	1110.006	1.5 CL	1 CL	
29-Jun-19	Tear Inspired Design and the New ACUVUE VITA Brand Contact Lenses - Interactive	Johnson & Johnson	Live Presentation	Various	50.003	2.5 CL	1 CL	
12-Jul-19	Emotional Intelligence at Work	O.S.I.	Live Presentation	July 22, 2016	59.033	2 RF	1 RF	
25-Jul-19	2XR Doubling the Optical Opportunity	OAC/Luxottica	Live Presentation/Online Learning	Various	1610.001	1 RF	1 RF	
25-Jul-19	Digital Media - A 'How to' on Leading the Conversation	The Optical Group	Live Presentation	September 11, 2016	3010.002	1 RF	1 RF	
25-Jul-19	How to Deliver Excellent Customer Service	The Optical Group	Live Presentation	Various	3010.003	1 RF	1 RF	
29-Jul-19	Module 10.164 - 2XR Doubling the Optical Opportunity	OAC	Online	n/a	110.299	1 RF	1 RF	
29-Jul-19	RX In	Essilor	Live Presentation	TBD	110.300	1.5 RF	1 RF	2.1, 3.2, 7.1
29-Jul-19	All Eyes on Specialty RGPs	OAC	Live Presentation	September 11, 2016	110.301	1 CL	1 CL	
8-Aug-19	Module 10.152 - Handling the Blues	OAC	Online	n/a	110.205	2 EC	1 EC	2.1, 3.2, 3.5
17-Aug-19	What a Headache! Determining When Headaches are Related to the Eyes	OAC	Live Presentation	September 11, 2016	110.302	1 EC	1 EC	
24-Aug-19	Rehabilitative Strategies for Visual Field Loss	OAC	Live Presentation	November 5/6, 2016	110.303	3 EC	1 EC	
24-Aug-19	The Management and Assessment of Low Vision	OAC	Live Presentation	November 5/6, 2016	110.304	3 EC	1 EC	
24-Aug-19	Understanding Short & Long Corridor Lenses in Today's Digital World	Transitions Canada	Live Presentation	November 5/6, 2016	110.305	1 EG	1 EG	
24-Aug-19	Corneal Anatomy and Topography	Safilo, PPG Industries, Alcon	Live Presentation	November 5/6, 2016	110.306	1 CL	1 CL	
24-Aug-19	Lens Style for Your Lifestyle	Transitions Canada	Live Presentation	November 5/6, 2016	110.307	1 EG	1 EG	
2-Sep-19	Engaging Consumers (Experiential Marketing)	OAC	Live Presentation	Various	110.308	1 RF	1 RF	
2-Sep-19	OPSC 551 Advanced Practice Sight Testing	NAIT	Online	n/a	1410.001	10 EC	10 EC	
2-Sep-19	OPSC 700 Automated Refracting Theory	NAIT	Online	n/a	1410.002	10 EC	10 EC	
2-Sep-19	OPSC 601 Ophthalmic Review - Anatomy and Pathology	NAIT	Online	n/a	1410.003	10 EC	10 EC	
2-Sep-19	OPSC 602 Ophthalmic Review - Frame and Frame Measurement	NAIT	Online	n/a	1410.004	10 EG	10 EG	
2-Sep-19	OPSC 603 Ophthalmic Review - Lenses, Instruments and Tools	NAIT	Online	n/a	1410.005	10 EG	10 EG	
2-Sep-19	OPSC 604 Ophthalmic Review - Optics and Advanced Optics	NAIT	Online	n/a	1410.006	10 EG	10 EG	
2-Sep-19	OPSC 605 Ophthalmic Review - Analysis and Interpretation	NAIT	Online	n/a	1410.007	10 EG	10 EG	
2-Sep-19	OPSC 606 Ophthalmic Review - Anatomy, Physiology and Ocular Pathology	NAIT	Online	n/a	1410.008	10 EC	10 EC	
2-Sep-19	OPSC 607 Ophthalmic Review - Biomicroscopy, Keratometry and Verification Equipment	NAIT	Online	n/a	1410.009	10 CL	10 CL	
2-Sep-19	OPSC 608 Ophthalmic Review - Preliminary Examination and Pharmacology	NAIT	Online	n/a	1410.010	10 EC	10 EC	

2-Sep-19	OPSC 609 Ophthalmic Review - CL Soft Contact Lens Fitting and Optics	NAIT	Online	n/a	1410.011	10 CL	10 CL	
2-Sep-19	OPSC 610 Ophthalmic Review - CL Gas Permeable Optics, Lens Design and Fitting	NAIT	Online	n/a	1410.012	10 CL	10 CL	
2-Sep-19	OPSC 611 Ophthalmic Review - Business Management 1	NAIT	Online	n/a	1410.013	10 RF	10 RF	
2-Sep-19	OPSC 612 Ophthalmic Review - Business Management 2	NAIT	Online	n/a	1410.014	10 RF	10 RF	
5-Sep-19	Increasing Your Sunglass Sales	Eye Recommend	Live Presentation	Various	1210.147	2 EC	1 EC	
5-Sep-19	Digital Measuring Systems	Eye Recommend	Live Presentation	Various	1210.148	1.5 EG	1 EG	
5-Sep-19	Frame Inventory Management	Eye Recommend	Live Presentation	Various	1210.149	4 RF	1 RF	
5-Sep-19	Teamwork	Eye Recommend	Live Presentation	Various	1210.151	2.5 RF	1 RF	
7-Sep-19	Too Much Reading, Too Little Light - Myopia Epidemic	OAC	Live Presentation	Various	110.309	2 EC	1 EC	
7-Sep-19	Harmful Blue Light and Optical Solutions	Essilor	Distance Delivery	n/a	110.310	2 EG	1 EG	
7-Sep-19	Management and Leadership Training for Optometric Clinics	O.S.I.	Distance Delivery/Live	Various	59.034	10 RF	1 RF	
12-Sep-19	Orthokeratology and Scleral Lens Workshop	Precision Technology Services	Live Presentation	October 21 & 22, 2016	4010.001	2 CL	1 CL	
15-Sep-19	Implementing the Delegation Model in Your Practice	Hoya Vision Care	Live Presentation	September 29, 2016 & TBD	310.038	1 RF	1 RF	
15-Sep-19	Fraud and Antispam: What You Need to Know	CFIB	Live Presentation	November 5, 2016	110.311	1 RF	1 RF	
15-Sep-19	Harmful Blue Light and Optical Solutions - Live	Essilor	Live Presentation	October 25, 2016 & TBD	110.312	2 EG	1 EG	
20-Sep-19	Advancements in Lens Technology	Safilo, PPG Industries, Alcon	Live Presentation	November 5, 2016 & TBD	110.313	1 EG	1 EG	
20-Sep-19	The Obvious Choice for Digital Users	CooperVision	Live Presentation	November 6, 2016 & TBD	110.314	1 CL	1 CL	
14-Oct-19	Tear Inspired Design and the New ACUVUE VITA Brand Contact Lenses - WEBEX	Johnson & Johnson	Webinar	Various	110.315	1.5 CL	1 CL	
14-Oct-19	Air Optix Hydraglyde Launch	Alcon Canada Inc.	Live Presentation	October 16, 2016 & TBD	710.003	1.5 CL	1 CL	
14-Oct-19	Becoming a Trusted Advisor	O.S.I.	Live Presentation	November, 2016 Various	59.035	1.5 RF	1 RF	
10-Nov-19	OD Business: Day 2 - Marketing Basics	Eye Recommend	Live Presentation	TBD	1210.234	4 RF	1 RF	
10-Nov-19	Embracing and Working Through Change	Eye Recommend	Live Presentation	March 12, 2017	1210.235	1.5 RF	1 RF	
10-Nov-19	Overcoming Challenges to Growth in a Competitive Environment	Eye Recommend	Live Presentation	March 12, 2017	1210.236	2 RF	1 RF	
10-Nov-19	Retaining Patients and Sales in Today's Optometric Practice	Eye Recommend	Live Presentation	March 12, 2017	1210.237	1.5 RF	1 RF	
22-Nov-19	Everyday Challenges Facing the Frontline	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.238	1 RF	1 RF	
22-Nov-19	Reinventing the Refractive Process	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.239	3 EC	1 EC	
22-Nov-19	Marketing – Why Certain Tactics Work and Others Don't	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.240	1 RF	1 RF	
22-Nov-19	Onboarding New Employees for Success	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.241	1 RF	1 RF	
22-Nov-19	Ask the Accountant	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.242	1 RF	1 RF	
22-Nov-19	Combatting Online Shopping	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.243	1 RF	1 RF	
22-Nov-19	First Impressions	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.244	1 RF	1 RF	
22-Nov-19	Strategies to Create a Positive Workplace	Eye Recommend	Live Presentation	May 7, 2017 & Oct 15, 2017	1210.245	1 RF	1 RF	
22-Nov-19	Living the Zero Limit Attitude	Eye Recommend	Live Presentation	May 7, 2017 & Oct 15, 2017	1210.246	1 RF	1 RF	
22-Nov-19	Biggest Drains on an Optometry Practice	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.247	1 RF	1 RF	
22-Nov-19	Tame Those Fierce Conversations	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.248	1 RF	1 RF	
22-Nov-19	Do Patients and Customers Speak a Different Language?	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.249	1 RF	1 RF	
1-Dec-19	Keeping Up with Ocular Fatigue in the Digital Era	CooperVision Canada	Online	n/a	210.012	2 CL	1 CL	
8-Dec-19	The Art of Assortment Planning	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.250	1 RF	1 RF	
8-Dec-19	Biggest HR Issues Every Business Faces	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.251	1 RF	1 RF	
8-Dec-19	Ready, Set...Goals!!	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.252	1 RF	1 RF	
8-Dec-19	The Baby Boomer Opportunity	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.253	1 EC	1 EC	
13-Dec-19	Focus on Face Shape and Facial Features	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.254	1 EG	1 EG	
13-Dec-19	Focus on Clients' Total Image	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.255	1 RF	1 RF	
13-Dec-19	Playing Together	Eye Recommend	Live Presentation	May 7, 2017 & Oct 15, 2017	1210.256	1 RF	1 RF	
15-Dec-19	Innovations in Optometry	Eye Recommend	Live Presentation	May 6, 2017 & Oct 14, 2017	1210.257	1 RF	1 RF	
22-Dec-19	Blue Light Hazard Material Solution	OAC	Distance Learning	Various	110.316	2 EC	1 EC	